

CULVERHAY SURGERY PATIENT PARTICIPATION GROUP

Wotton Under Edge

Minutes of Meeting held on 17th October 2017.

1) Apologies:

P Beresford(PB) Scott Bryce(SB) Anne Slann (AS) Helen Berwick (HB) Graham Cook (GC) Anne Weaver(AW) Jenny Dadd (JD) Sharon Dicker (SD) John Bridges (JB). C.Kocik (CK)

2) Attendance:

Dave Johnson(DJ) Derek Higgs(DH) June Kent (JK) Michael Sykes (MCS) Robert Maxwell (RM) Gwen Bridges (GB) Bob Orme (BO) Geoff Swallow (GS) Christine Sweet (CS) Carrie Watt-Boyd (CWB) Susan Ealey (SE) Caroline Pearmain(CP).

3) Welcome:

MCS welcomed members and new members.

CS, a patient at the surgery, who has 16 years of community involvement with walking group, memory group and has lots of mental health experience, and involvement in local groups like Linked Up Wotton. CS interest in the group is around being involved and connected. CS was previously Village Agent for the area.

CWB has 36 years nursing experience She was manager at the MIU at The Vale Hospital. Now that she has retired she has the time and feels that being connected to the surgery will enable her to keep informed and share her knowledge and experience.

4) Adoption of Minutes Held on 19th September 2017.

Minutes were agreed as signed and correct.

Action: GB to forward to KH

5) Matters Arising:

a) **Photographs:** All members are now photographed for the web site and notice board with the exception of SB. This can be done later.

b) **Surgery Update:** Practice Manager CP said that there was not much to update on this time. Phase 1 will be completed on 15th November. Wednesday Thursday and Friday are the dates they will move into the new area. 20/11/17 patients will enter via the main surgery door. The reception area will be fully functional as well as the waiting room and Dispensary. Phase 2 work starts in the area where we held tonight's meeting there will be a consulting room, staff WC and kitchen. The work will take about a month and all will be in action.

Phase 3 work will begin after the break on 3rd January it is likely to be disruptive as treatment and consulting rooms will be worked on. CP will need to look at the Doctors rotas in terms of leave despite the busy winter period. The works should all be completed by mid February.

Group members were invited to view the work done so far, in small groups, to ensure safety.

Action: CP to update at next meeting.

c) Newsletter Update:

CP met with GB and MCS at Perry & Dawes Almshouses to put together the bare bones of the next Newsletter that we hope to get out at the end of the month. RM has booked to interview Katherine 27/10/17 and will try to meet that date if possible. The newsletter will contain:

- Information about the 'flu vaccinations and eligibility.
- Shingles information – normally given in September but now will be offered at the end of November/beginning of Dec. Included will be the Eligibility Criteria Chart that should be self-explanatory. KH is to be requested to scale it down to fit onto the newsletter.
- Recruitment of new members and Election of Officers

Group members discussed the 'flu vaccination and some of the concerns that it may not be targeted at the right strain. CWB explained that the vaccination covers 4 strains. Group members also discussed the criteria for the shingles vaccination and the complexity of the programme that is designed to catch up on the distribution to the age group 70 -80 over the next few years. In answer to how shingles is caught CP said that she did not have the medical knowledge to give a full answer but shingles is a reaction to the CP virus. BO asked if shingles was caused by erosion of the immune system. Adults over 80 are not vaccinated. The vaccine is a one time only vaccine.

**Action: RM –article to CP
GB – article to CP**

6) Election March 2018

MCS - There will be an election in March 2018 for new officers. All members will receive the relevant paperwork from GB. The vacancies are for 3 out of the 4 officers. GB has agreed to continue as Hon Sec. The vacancies are for Chairman, Vice Chairman, and Treasurer. MCS will be standing down as Chairman, but would be prepared to take on the role of Vice Chairman for the next year, if elected, replacing DH in March 2018.

MCS requested GB to email the group about the roles that will be vacant and also informing members that the opportunity to shadow until March 2018 will be possible.

Also with MCS taking on the role of Vice Chairman there would be support available for the new Chairman. The role of Treasurer currently held by DJ was discussed in terms of there being a job title but as yet there have been no financial transactions (money coming in or going out) the role is set up as it was thought that this may one day be used. GB suggested that it might encourage people to consider taking on one of the roles if they had the opportunity of shadowing MCS Chairman whilst he was still an Officer and that by putting in a small piece in the Newsletter we might attract some younger members.

The group agreed that recruiting from KLB had been something that we had discussed in the past but this fizzled out when RB son of HB moved to Bristol. GS suggested that we consider inviting a representative from other groups to attend might be an idea. This idea had been tried when he was on Charfield Management Committee and involved local organisations and outlying villages.

Action: GB email members re election

7) Social Prescribing:

CP explained that there had been no Social Prescriber at the Surgery since April 2017 when the whole service came under review. CS new member of CSPPG had in the past been a Village Agent and the role overtime merged with Social Prescribers into what is now known as a Community Connectors. The organisation that has the contract for this service is Independence Trust. It is hoped the Surgery will go back to having a weekly clinic run by a Community Connector.

The role of the CC is to direct patients who appear with non-medical issues such as help needed with benefit applications or those who have issues of loneliness. The CC will help to find resources to meet the needs. They will have knowledge of local and other resources of services they can direct or help the client access. Jane Creed who has attended our meetings in the past, as CS has, is still as far as we know in post. GB has tried to contact her and will continue to do so and invite her to one of our meeting to explain her new role. If Jane Creed is no longer in post then GB will try to ascertain who is the local Community Connector for Chipping and Culverhay Surgeries.

BO asked if a recent WHO document about Wellbeing was connected with steering patients away from GPs and CP agreed that that this is the case. In terms of Social Prescribing, often the patient does not need medical or clinical intervention but still has a need. BO agreed to bring the article to the next meeting as he could see a link between health and wellbeing.

CP explained that it is difficult when the practice is asked to advertise different resources services, usually in the form of a poster. for example Art Therapy or

Baby and Toddlers Groups. There are so many resources that wish to advertise at the Practice that it is not possible to accommodate them all.

GB mentioned that also there are issues about the governance of such services. The Single Point of Entry via the Community Connectors would be more efficient and the knowledge base of the CC will be very wide.

The services they recommend have gone through the necessary checks. JK asked if we, CSPPG, could have information to hand to give to people that we might meet. She herself was trying to find out about classes for exercise (chair-robics). GB said that the One Stop Shop might have that information. From past experience GB said that trying to get together a data-base was difficult as often these enterprises start and finish quickly due to the way they are resourced. Some are free but some are chargeable services. The CC should be able to direct the patient from the clinic at the surgery.

**Action: GB to Update re: JC
BO to bring article from
WHO**

8) Any Other Business: None

9) Confirmation of the Next Meeting:

21st November 2017 @ 6.45pm